



Rarp-ID - PRODUCT INFORMATION GUIDE.

Platform and attachment / accessories

GENERAL GUIDANCE.

This guide aims to provide users with the information necessary to care for and maintain Rarp-ID' range of platforms and attachments / accessories.

This will enable users to quickly become familiar with the products, any necessary inspection protocols and how (and how not) to use, care for, maintain and store equipment. The aim is to help you ensure that your equipment performs as designed.

- Each Rarp-ID product should only be used for its designed purpose, in suitable areas.
- All Rarp-ID products are warranted to be free from defects and comply with all applicable statutory and regulatory requirements. This warranty extends to the original end-user and commences on the date of delivery. Full details of the warranty conditions and the duration of the warranty for each product can be found on our website at www.rarp-idfitness.uk/terms-and-conditions
- Products have variable lifespans, which will depend on the materials used in their manufacture and the level of usage. Products do wear out. This is normal and not a fault. An example of fair wear and tear would be scuffing and bands breaking due to age.
- Please be aware that rubber products may have a slight odour or surface blooming residue caused by the properties in the rubber. This is not a defect and odours will disappear in time.
- A product is only considered to be faulty if, during normal usage, a significant change occurs in the product that means that it cannot be used as originally intended. An example of a failure would be a crack or break in a product.
- Products that are not stored, cared for, used as directed or in normal conditions may fail. This failure is considered abuse and will be excluded from a warranty claim - even where the failure occurs during the stated warranty period.

BEFORE USE.

- **Do** visually check products at least weekly – preferably daily – for signs of damage and to ensure that they are fit for purpose.
- **Do** ensure that users have been properly inducted at the facility, including equipment use, product training and health & safety.
- **Do** check the surface of the item visually and by touch to ensure it is dry and free of debris and that there is no damage.
- **Do** check that there is enough space around the platform so that users can perform their workout without making contact with any other person or obstacle.
- **Do not** use products if they show any signs of damage. Remove the product from the area and consult the facility supervisor and supplier
- **Do** watch the comprehensive series of Platform'How To' videos on the Rarp-ID Video page before using these platforms at www.rarp-idfitness.uk/videos/training

DURING USE.

- **Do** pay particular attention to the amount of clearance users have above their head when using a platform. For some of the exercise moves they will be raising their hands above head height.
- **Do** use on a stable floor/surface and check there are no trip hazards.
- **Do** exercise on flooring free from rough surfaces or sharp objects that could damage the equipment.
- **Do not** drag or drop heavy fitness equipment over the surface of the platform, as this may tear or damage the top surface.
- **Do not** exceed the maximum user weight limit for your platform. Please refer to the product information on the Rarp-ID website for details.
- **Do not** stack RISERS on top of the Platform.
- **Do** ensure that when raising the platform with RISERS, the red feet are aligned and units are fitted securely to the platform with a 'click'
- **Do** use the designated hand grips when transporting the Rarp-ID Platform around the studio for ease and comfort.



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CARE AND MAINTENANCE.

- **Do** clean products by shaking after use and periodically wiping with a damp cloth dipped in a very mild soap/washing powder solution (5% maximum).
- **Do** wipe products with a dry cloth after cleaning and allow them to finish drying naturally: ensure they are completely dry before use.
- **Do not** use any strong detergent, acetone, bleach or solvent based cleaners on equipment as they may damage the material.

STORAGE.

- **Do** return platforms to an area designed for the purpose after each use to help prolong the life of the product and reduce tripping hazards in the exercise area.
- **Do** ensure platforms are dry before storing them, and store only in a dry and clean environment away from heat sources or direct sunlight
- **Do not** store equipment in damp or humid environments such as swimming pools or spas.
- **Do not** over stack Platforms when storing. A stack of eight Platforms is our recommended maximum.*

WORKING OUT WITH YOUR EQUIPMENT.

Rarp-ID has created a section on our website of video resources that can help clubs, trainers and members to use our products safely, care for the products, and train more effectively.

Ambassadors.

Rarp-ID ambassadors can offer a comprehensive guide of education solutions to help users become even more proficient in coaching around our products. Visit our website for more details on our product videos.

Workout of the Week (WoW) videos.

Visit the Rarp-ID video lounge and you'll find lots of videos showing you how to perform all kinds of exercises and workouts.

www.rarp-idfitness.uk/home